

Regattas & Carpooling Info

Carpooling & Signups:

The Anacortes Sailing Team relies entirely on parents to get sailors to and from regattas. Carpools are organized before each regatta so that no sailor is left without a ride. There is a **shared carpool spreadsheet**, which can be found on the team website <https://www.anacortessailingteam.org> under Schedule and then Carpool. **Email the sailing team for the password.** For each day of a regatta, sailors must say if they are attending, if they need a ride or if parents are driving, and if they have room for other sailors.

The deadline to sign up is a week before the date of a regatta. It is hard for the team to organize carpooling and pay regatta registration fees if sailors do not plan their attendance in advance. Sailors may not be considered for the regatta if they sign up after this deadline.

Regattas usually* operate like this:

~**6:30am** Carpools pick up sailors (not yet dressed in sailing gear) from a central meeting point like Seafarers or Storvik Park, leaving with enough time to make it to the regatta location before the team report time so that **all sailors are ready to help by the team report time** (team report time may be different from NOR report time)

~**8:30am** Team report time: Sailors are in gear and begin to unload our boats from the trailer

~**10:00am** Sailors attend the skippers meeting, which covers how races will be organized

~**10:30am** Racing begins, with sailors rotating in and out every two races, or about every half hour

~**12:00pm** Lunch is sometimes scheduled, but usually sailors eat between rotations

~**5pm** Racing ends. Sailors derig boats, change out of gear, reload boats on the trailer and either carpool home or to local sleep situation (house, school gym, or hotel)

-**If it is a two-day regatta** (most are), this whole thing repeats similarly on Sunday, with the boats left on docks Saturday night and reloaded on the trailer Sunday afternoon

*Times may vary depending on the regatta

Regatta-Related Vocab:

NOR (Notices of Race): Contains the location, food situation, and schedule of a regatta and can be found on the NWISA website <https://nwisa.hssailing.org/> a week before the regatta.

Release forms: Every regatta has one. They are emailed out a week in advance, and signed release forms are due the Thursday before a regatta. If sailors don't have one on file, they can't sail.

Team Race: Different kind of regatta where the whole team races in at once instead of taking turns; races are more technical and require more sailors than normal fleet race regattas

Open Regatta: Regatta that doesn't count for high school team standings. 6th and 7th grade sailors can usually attend these regattas, but each regatta sets their own age limits

Qualifying Regatta: Regatta that counts towards high school districts, which happens in the spring. Middle school sailors often cannot compete in these regattas

Rules & Expectations:

- If a sailor is not planning on attending a regatta, they are still expected to fill out the regatta carpool signup with "not attending."

- Signing up for a regatta does not ensure that a sailor will be allowed to attend said regatta, even if they are of the accepted age. Sailors may be not allowed to attend a regatta due to poor attendance, poor behavior in practice, or the breaking of any rules outlined in the Sailor's Code of Conduct.
- When sailors pay dues and regularly attend practices, they are expected to attend as many regattas as they can. A great portion of dues cover regatta expenses.
- If you are not sure that you can attend a regatta, don't sign up as a "yes." Backing out last minute is just as bad as signing up last minute, and a single sailor's unplanned absence can affect the whole team

Overnights:

For regattas far enough away to require an overnight, we sometimes get hotel rooms for the sailors. Sleeping arrangements on gym floors or the like are sometimes provided by the host teams, but are a first-come-first-serve basis and do not always have room for everyone. Whether we are sleeping in host provided housing or a hotel, **decisions are made based on the number of sailors and it is especially important that we know which sailors are attending each regatta at least a week in advance.**

Sailors are split up boy/girl and a chaperone and a chaperone spends the night(s) with each if necessary. Sailors are expected to be on their best behavior and pro

We usually need at least one parent chaperone for an overnight trip. Chaperones will sleep in the same house, hotel, or school gym as the sailors. Parents carpooling to overnight regattas are not required to be overnight chaperones but should know that they may be asked to be.

Regattas per season:

We usually attend around 4 regattas in the fall and 10 regattas in the spring.

If we can get more sailors involved in the summer racing program as well, we could attend up to eight regattas in the summer as well.

Age Restrictions:

Some of these regattas are high schoolers only; others are open to 8th graders and older, and still others are open to any of the ages we have on the team. However, we do not know these age limits for sure until the NOR is posted a few weeks before the regatta. Therefore, especially in the fall season where the team is attending only a few regattas, our middle school sailors are often limited in which regattas they can attend. It is important to note that there will always be a few regattas open to any age, mainly "Open" regattas that do not count towards high school districts.